SYMAPLANT INFORMS

ODIFEROUS SPECIALITIES

– FROM SEED TO PRODUCT –

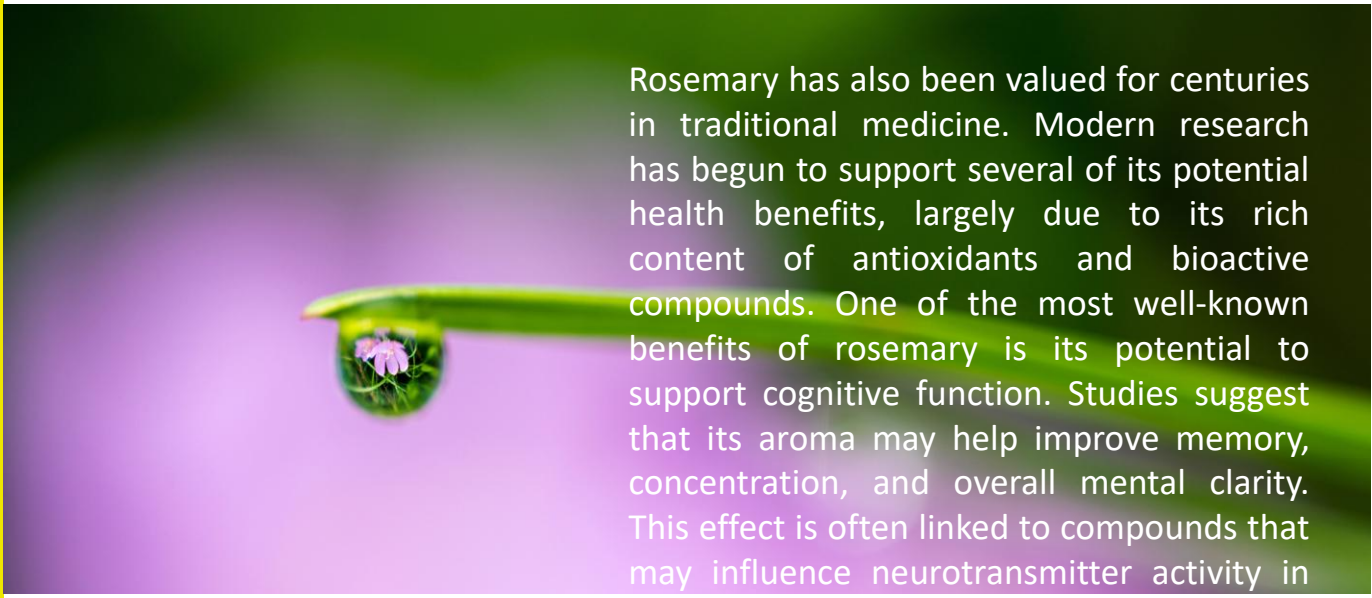




Rosmarinus officinalis

- Botanical Information -

SYMAPLANT GROUP



Rosemary has also been valued for centuries in traditional medicine. Modern research has begun to support several of its potential health benefits, largely due to its rich content of antioxidants and bioactive compounds. One of the most well-known benefits of rosemary is its potential to support cognitive function. Studies suggest that its aroma may help improve memory, concentration, and overall mental clarity. This effect is often linked to compounds that may influence neurotransmitter activity in the brain. Another important benefit is its potential to aid digestion. It may stimulate bile production, which helps the body digest fats more efficiently. Additionally, its antimicrobial properties can support gut health by inhibiting harmful bacteria. Rosemary has also been studied for its potential role in improving circulation. Some evidence suggests that it may help stimulate blood flow, which can support cardiovascular health and may contribute to better oxygen delivery throughout the body. In topical applications, rosemary extract is often used for hair and skin care. It may promote hair growth by improving scalp circulation and has antimicrobial effects that can help maintain a healthy scalp. For the skin, its antioxidants may help protect against environmental damage and premature aging.

Botanical Note:

In 2020, rosemary was reclassified botanically, becoming effective for its correct nomenclature recently, for example in the European Pharmacopoeia (2025). Both rosemary species - garden rosemary (**Rosmarinus officinalis**) and the lesser-known pine rosemary (**Rosmarinus angustifolia**) - are being incorporated into the sage genus (Salvia). The botanical name of the popular rosemary will therefore no longer be Rosmarinus officinalis, but **Salvia Rosmarinus Spenn.**